

## What is domestic violence?

Domestic violence is a pattern of abuse that is used to control the behavior of another in a relationship. It not only pertains to physical abuse – it presents in many ways, including sexual, verbal, emotional and financial.

Most relationships go through difficult times and every couple argues occasionally. Domestic violence goes beyond common marital or relationship issues.

If you are concerned about your relationship, ask yourself if your current or former partner:

- Physically abuses you (*shove, slap, strangle or hit*)?
- Sexually abuses you (*makes you feel afraid to say "no", sexually assaults you, makes you feel uncomfortable with demands, threats and/or coaxing*)?
- Physically stalks you or cyber-stalks you?
- Controls your finances (*takes money or paycheck, makes you ask for money or refuses to give you money*)?
- Threatens or intimidates you (*threatens to kill you or take away your children, destroys your property, uses weapons to scare you*)?
- Shames, mocks or criticizes you (*either alone or in front of others*)?
- Isolates you from family and friends?
- Controls what you do, where you go and who you see or talk with?
- Makes you feel like the abuse is your fault, or denies even doing it?
- Tells you that you are worthless and calls you names?
- Makes you feel like there is no way out of the relationship?
- Prevents you from going to work or school?

24-HOUR HOTLINE  
**1-877-871-7551**  
**609-871-7551**



**It is through the generosity of organizations and people like you that Providence House is able to support survivors of domestic abuse and their families.**

To explore some of the many ways you and your organization can get involved and make a difference, please call us at **856-824-0599**.

### Catholic Charities Providence House Domestic Violence Services

**Burlington County**  
595 Rancocas Road,  
Westampton, NJ 08060  
856-824-0599

Counseling Center: 856-824-0599

24-Hour Hotline:  
1-877-871-7551 or 609-871-7551

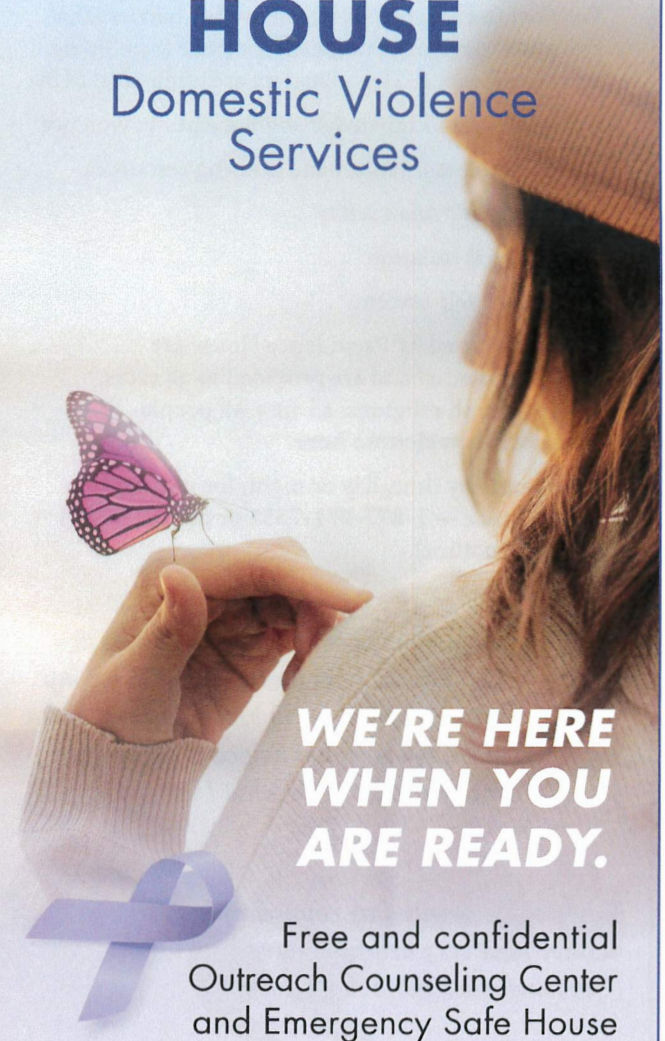
[CatholicCharitiesTrenton.org](http://CatholicCharitiesTrenton.org)



Catholic Charities, Diocese of Trenton is a 501(c)(3) nonprofit organization. Please consider us for a Legacy Gift.



## PROVIDENCE HOUSE Domestic Violence Services



**WE'RE HERE  
WHEN YOU  
ARE READY.**

Free and confidential  
Outreach Counseling Center  
and Emergency Safe House



## Promoting peace in all homes since 1978

For more than 40 years, Catholic Charities Providence House Domestic Violence Services has worked to end the cycle of domestic abuse through education, empowerment and advocacy while providing a safe haven from abuse. Our hope is that one day there will be peace in all homes in Burlington County.

## We are here to help

Providence House seeks to remove the barriers that prevent a survivor of domestic violence from living an abuse-free life. These barriers are often created by:

- A lack of knowledge about domestic violence
- Unstable financial and housing resources
- Fear for one's safety
- Social isolation
- Low self-esteem

Services offered by Providence House are free, confidential and are provided to all races, all genders, all religions, all ages, all people.

**Everyone is welcome here.**

Please call any time, day or night, for information or assistance — 1-877-871-7551 or 609-871-7551 (24-hour hotline).

*“Thank you so much for just having this Safe House. I am pretty sure it saved my life and helped me to become stronger and more aware. It has helped to see a healthy lifestyle and that is what I want.”*

*“My sessions with (my counselor) have been very helpful. I have become much more independent.”*

24-HOUR HOTLINE: **1-877-871-7551** or **609-871-7551**

## Free Counseling Services

Providence House offers a range of programs to address the unique needs of those who have experienced abuse. Our services are **free of charge** and we do not contact your insurance company.

Counseling services are conducted at our Counseling Center in Westampton. Services include:

- Group counseling
- Education on domestic violence
- Individual counseling
- Safety planning
- Legal Advocacy
- Information and referral



## Services for Child Witnesses of Domestic Violence

The PALS (Peace: A Learned Solution) Program is available for child witnesses of domestic violence and their non-offending parent. The PALS Program uses creative arts therapy to help children heal from the abuse they have witnessed.

In addition, parents receive assistance in working with and advocating for their children.



## Emergency Safe House

Our primary goal is to ensure the safety of those affected by domestic violence; therefore our confidentially located Safe House is available around-the-clock to safely welcome those who are in danger.

Safe House services include:

- Emergency Housing
- Education
- Advocacy
- Counseling

Our house offers a safe haven for those who need to escape, heal and recover. The homelike setting at the Safe House and caring staff help survivors break free from their abusive lives.